



Our Unique Service

“Cena assembles fresh, nutritious, and savory lunch and dinner entrees that are designed and packaged specifically for your freezer. Thaw and cook at your convenience and in the comforts of your own home.”



We're Here To Help...

- ~Recent Surgery or Sudden Illness
- ~Elderly Family or Friends
- ~Busy Professionals and Families
- ~New Baby

509-326-2499 TUE-FRI
WWW.CENATOGO.COM

~ORDER ONLINE OR BY PHONE~

Entrée Prices

Regular, Two-Serving : \$8.00-\$10.00
(Serves 2)

Senior, Two-Serving (55+): \$6.00-\$8.00
(Serves 2)

Half Entrée: \$13.00-\$16.00
(Serves 3)

Full Entrée: \$23.00-\$26.00
(Serves 6)

~Prices Subject To Change~

“Entrée” refers to the main dish. Cena entrees do not come with sides, unless specified. Sides are available for purchase.

~Purchase Entrées For a
Week, or Up To a Month

~Cena’s Entrée Menu
Changes Every Month

~Low-Fat, Low-Sodium,
and Diabetic-Friendly



~FREE Spokane Delivery: \$75 Minimum
Order, or Pickup Available
(See Website, or Call For Delivery Boundaries)

~Current Menu, Nutritional Facts,
Ingredients Lists, and Sides Available
Online

~Gift Certificates Available~

